

Leadership Workshop for Researchers

'Developing as a Researcher: Productivity and Leadership'

Description: To succeed long term in a highly competitive environment, it is essential that researchers develop effective working habits as well as the ability to motivate and lead others, as early as possible in their careers.

This full-day, interactive '*Developing as a Researcher*' workshop provides practical advice to help researchers improve their own productivity. The focus then shifts to the skills needed to motivate and lead others, and create highly effective teams. Participants explore their own strengths, leadership styles and challenges, and work through how to develop a leader's mindset and improve leadership skills in a research setting.

Workshop aims: The event is designed to ensure attendees come away with plenty of new ideas and tools they can start to apply immediately, to help them improve continuously as leaders at any level.

In brief:

Workshop summary	Leadership workshop for researchers introducing strategies for adopting effective work habits and developing a leader's mindset and skills
Target audience	Early to mid-career researchers (including PhD candidates)
Format	<ul style="list-style-type: none"> • The highly interactive format involves short presentations, individual and group exercises and facilitated discussions • The event is capped at 25 participants to allow for optimal engagement
Mode of delivery	This workshop is delivered in person, face-to-face only
Duration	Full day (9am to 4pm)
Core content summary	Presentations, exercises and group discussions around the following topics: A. Personal productivity <i>Session 1: How to manage time for higher productivity</i> B. Introduction to leadership <i>Session 2: The leadership challenge</i> <i>Session 3: Communicating as a leader</i> <i>Session 4: Building a team, whether you are the boss or not</i>
Extra services	<ul style="list-style-type: none"> • Creation of a workshop-specific web-page for course-related resources, including an extensive workbook and access to the presentation slides • Pre-event survey (anonymous) of participants' issues and needs on the topic • Feedback survey (anonymous, in collaboration with the client organisation)
Workshop pricing	Please contact the head trainer Dr. Kerstin Fritsches to discuss your requirements and pricing

Recent workshop feedback	Average score: 8.9 (83 feedback responses), based on the question, 'On a scale of 1-10, how likely would you be to recommend this workshop to a friend or colleague?'. For testimonials see below.
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Testimonials from recent leadership workshops for early career researchers held for European and Australian institutions

- *“Really enjoyable, useful with a number of tools and practice points to implement immediately. Thanks, great program to help established and developing Research Leaders.”*
- *“Many practical tips & tools so most people would find something of use. Nice balance of interactive activities and ‘lecturing’.”*
- *“Constructive insight; comfortable, open-to-talk atmosphere; consistent with its topic and expectations; fun, promoting interaction with others; helped me to identify my own self better and in a more quantitative way.”*
- *“Informative, useful tools, interactive, opportunities to meet and network with people, well-structured, friendly.”*
- *“Encouraged self-assessment of my current approaches. Guided learning and scenarios of how to optimise mentorship, leadership & time management. Flagged areas for improvement. Would be very beneficial for team heads and group leaders.”*
- *“I found it really interesting and engaging. There was lots of solutions & advice on how to manage my time, leadership & group, which I am sure I’ll implement.”*
- *“Amazing interactive workshop, which was exciting. We learned a lot not only from the presenter, but from each other due to this type of organising the workshop.”*
- *“This workshop was good as it was informative & interactive allowing people to be engaged. Also, it was well catered for our specific needs in academia.”*

About the facilitator, Dr Kerstin Fritsches and PostdocTraining

Kerstin is a former research fellow who spent the majority of her 12-year research career on grant funding, with first-hand experience of the challenges facing early career researchers and a strong track record in postdoc affairs and career development.

A lack of effective career training for PhDs led Kerstin to found PostdocTraining in 2011, to bridge a gap in professional development by delivering support tailored specifically for PhD candidates, postdocs and other early career researchers.

PostdocTraining delivers career development support in the form of online training and workshops for researchers worldwide and Kerstin has become a sought-after workshop facilitator on topics such as career planning, time management and research leadership, both in Europe and Australia.